



## **Andrea Broadhurst**

Andrea Broadhurst Andrea is an Occupational Therapist who has specialised in mental health, including infants, children, adolescents and adults for the past 30 years. She had specialised training in Psychotherapy, infant mental health, parent child relationships and attachment-based therapy. She has applied these skills to the field of mental health, both in NZ and the UK.

Andrea currently has two roles – one as a Senior Occupational Therapist in the DHB at Infant Child Adolescent and Family Service (ICAFS) and one in her own Private practice, The Child & Family Development Centre. Andrea has a particular interest in parent-child relationships, children with sensory needs, and thinking about how these issues interface with trauma and emotional well-being. She loves being able to share knowledge with parents and colleagues from all disciplines and helping making life happier.